

Republic of the Philippines DEPARTMENT OF EDUCATION Paging VII. Control Vicayor

Region VII, Central Visayas

SCHOOLS DIVISION OF NEGROS ORIENTAL

www.depednegor.net

December 4, 2018

TRAVEL ORDER NO. <u>[66]</u> 5. 2018

TO:

LAJATO, CRETA E.

Ayungon, Coach, Athletics (Field) Girls Elem.

(in lieu of Depillo, Jondy B.)

MERCADO, CLYDE

NOHS, Coach, Basketball Boys Sec.

(in lieu of Buscato, Brian)

QUINANOLA, MELISA FRECYFEL

Mabinay, Coach, SPED Athletics V.l. Girls

PURPOSE:

To attend the Live-out Regional Training Program and Accreditation in Sports

Coaching for the CVIRAA 2019

DATE OF TRAVEL:

December 3-7, 2018

VENUE:

Cebu Sports Complex, Cebu City

ALLDWED/CHARGED TO: (School MOOE funds, subject for usual accounting and auditing rules and regulations)

_____: Registration/ Transportation and other expenses

____: Transportation

____: Per diems

_: On official time/business only

x ___: Transportation/per diem & other incidental expenses

WILFREDA D. BONGALOS, Ph.D., CESO V
Schools Division Superintendent

Tel. Nos: (035)225-2838 / 225-0667/422-7644 (Division Supl's Office); (035) 225-1622 (CRD); (035) 225-1623 (Legal Section); (035)225-8180 (8000); (035) 422-7643 (Cash Section); (035) 422-8511 (Planning Section); (035) 225-6967 (Record's Section); (035) 422-5283 (Admin. Section); (035) 422-0267 (Personnel Section); (035) 225-2376 (Guard/Medical/Dental Sections); (035) 225-7012 (Edux. Facilities Section); (035) 225-1840 8 (035) 225-1840 (Acct. Budget Section); (035) 422-3921 (Supply Section)

SIR ALUM



REPUBLIKANG PELPIRAS LEPIALCO TRI HELPIRAS KAGAWARAN NG EDUKASYON DEPAKTMENT OF EDUCATION REPIYON VII, GITNANG VISAYAS REGION VII, CENTRAL VISAYAS

Sudion, Lakug, Cebu City

REGIONAL MEMORANDUM No. <u>12.9 1.3</u>, s. 2018 0:11×118



MOY 2 7 2016

LIVE-OUT REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING

To: Schook Division/CRy Superintendents
Officers-in-Charge of Regular/Interim Divisions
AR Others Concerned

- 1. In its effort to upgrade the coaching competencies of CVIRAA Coaches and Trainers, this Office through the Education Support Services Division (ESSD) in coordination with the Human Resource Development Division will conduct a Regional Training Program and Accreditation in Sports Coaching on December 3-7, 2003 at the Cabu City Sports Complex, Cabu City in cooperation with the Schools Division of the Cebu City.
- This activity aims to:
- a) capacitate coaches and trainers on the current trends, scientific coaching and training techniques in their respective sports discipline;
- b) cover the roles and functions of the coach in modern training methodologies, player development and in promoting ethical values and sportsmanship; and
- c) accredit coaches and asst. coaches qualifiers of Region Vtl to the CVIRAA Meet 2019 and Palarong Pambansa 2019.
- 3. Participation is as submitted to this Office but priority and a MUST for all Division winning, naw and unaccredited Conches and Asst. Conches qualified to serve for the CVRAA Meet 2019 ensuring fair representation of male and female participants with age requirement below 50 years old. Participants are required to: 1) fill up and bring the registration form (attached birewith), 2) present medical certificate, 3) certification from the SDS or School Head that they are actively coaching an event; 4) bring presport size picture with written name and event; 5) bring their own beddings / lineas; and 6) bring their own instrument and official apparel of their sports event.
- 4. Travel, per diems and other incidental expenses of all participants including DepEd Facilitators / Speakers and a minimum fee of One Thousand Pesos (PhP1,000,00) to cover for the T-shirt, training kits and ID shall be charged to division/school local SEF/MODE or any available funds while 3 meal provisions and 2 snacks per day, travel fare and allowance of Non-DepED Resource Speakers shall be charged to Regional Palaro / HRTD or any available funds subject to accounting and auditing rules and regulations. First meal to be served will be lunch on December 3, 2018 white last meal will be PM snacks on December 7.
- 5. Immediate dissemination of this Memorandum is desired.

SALLISTIANO T. JIMENEZ, CESO VI

DIC, Assistant Regional Directories

Office of the Minuter (ORDIT), Tol. Mac. (202) 221-1407; 231-1309, 444-7305; 480: 470. (202) 480: 466 and Ambient Minuter (ORDIT), Tol. Mac. (202) 221-1407; Tol. Mac. (202) 480: 480 and Ambient Minuter (ORDIT), Tol. Mac. (202) 241-1502 (Minuter) Ambient Minuter (ORDIT), Tol. Mac. (202) 484-7334 (Minuter) Minuter) Minuter (ORDIT), Tol. Mac. (202) 484-7334 (Minuter) Minuter) Minuter (ORDIT), Tol. Mac. (202) 231-1071 (Minuter) Minuter (Minuter) Minuter (Minuter) Minuter (Minuter) Minuter (Minuter) Minuter (Minuter) Minuter (Minuter) Minuter) Minuter

" EIA 2015: Annapatan ng Bakut, Fernanigatan ng Bakut "



REPUBLIKA NG PILIPDAS RAMAKAO PER HALIPDAS KAGAWARAN NG EBUICAS YON DEPARTMENT OF EDUCATION REHIYON VII, GITNANG VISAYAS REGION VII, CENTRAL VISAYAS Sudiou, Libra, Cebu City



REGISTRATION FORM

(Please write legibly)	РНОТО
Event:	

isme;	Division:
Date of Birth: Age: Gende	r: Contact No.:
School: School Addres	S ;

(Signature over printed name)

13,249 - 435: 231-1309, 414-7394, 44-7235, Quae of the Automat George, pt. No., 447; 255-454;
15 there (2023) 145-7394, 114-7395, 414-7235, Quae of the Automat George, pt. No., 447; 255-454;
15 there (2023) 145-7394, (representing Management Behaldson (11 160)). Talk inc., 4121; 144-725,
15 th. No., 1922) 15-74, (14)-140-140, (14)-140-140; 140-140; 150-140; 160-140;

" ESA 2015: Monapotus op Luket, Musenagutan op Laket "

Live-Out Regional Training Program and Accreditation in Sports Coaching, December 3-7, 2016

PROGRAM OF ACTIVITIES

Decamber 3	December 4	PROGRAM OF AC				
Day1 - Monday	Day 2 - Tuesday	December 5	December 6	December 7		
	BREAKFAST	Day 3 - Wadnesday	Day 4 - Thursday	Day 5 - Friday		
		BREAKFAST	BREAKFAST	BREAKFAST		
	8:00 - 9:00 AM	Breakout Session by Event:	Continuation of Sessions by Event	Continuation of Sessions by Event		
ARRIVAL	Opening Program Amenities	Pre-Test				
MANUA ME		Physical Fitness Test				
REGISTRATION	9:01 AM - 12:00 NN	inputs	•			
URGISTER HOM	Sports Psychology and					
	Philosophy	1				
	Sports Nutrition			•		
	By: Kris Mishaei P. Junasa		ł			
	Sports Science Officer		į .			
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH		
	1:00 ~ 4:00 PM	Continuation of Sessions by Event	Continuation of Sessions by Event	Post-Test		
	Strength and Conditioning		CONTRACTOR OF SESSIONS BY EVERIT			
REGISTRATION	Sports Injury Management and			Closing Program by Event Distribution of Certificates and ID		
	Prevention			Homeward Bound		
MEETING of	By: Kris Mishael P. Junasa		i	nomenara bagna		
TRAINORS /						
FACILITATORS	4:01 - 3:00 PM					
	Child Protection Policy		!			
	By: Atty. Marricar E. Ruñaz					
	Attorney in		1			
	Lapulago City Division					
OINNER	DINNER	DINNER	DINNER			

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