



August 14, 2018

DIVISION MEMORANDUM

No. 517, s. 2018

TRAINING OF TRAINORS ON COACHING ESSENTIALS

TO: Assistant Schools Division Superintendents
CID & SGOD Chiefs
Division Education Program Supervisors / Education Program Specialists
District Supervisors / Districts In-Charge
Teaching / Non-Teaching Personnel

1. Please be informed that there will be a **TRAINING OF TRAINORS (TOT) ON COACHING ESSENTIALS** of all **DISTRICT PESS COORDINATORS**, *(One coming from the Secondary and One coming from the Elementary)* on **August 24, 2018, 8:00 A.M.** at the Institute of Youth Sports for Peace (IYSP), North Campus, Foundation University, Dumaguete City.
2. Participants should wear loose attire (Ex. Jogging Pants / Short Pants).
3. PSDSs/District In-Charge are directed to order and deploy their participants.
3. For more details, please see attached letter from the Sports Development Officer of Negros Oriental.
4. Transportation, food, and other incidental expenses are chargeable against School MOOE or any available funds subject to the usual accounting rules and regulations.

Wide dissemination of this Memorandum is desired.

W. Bongalos
WILFREDA D. BONGALOS, Ph.D. CESO V
Schools Division Superintendent *(Signature)*

15 AUG 2018



Republic of the Philippines
 Province of Negros Oriental
OFFICE OF THE GOVERNOR
Negros Oriental Sports Development Program
 Dumaguete City 6200
www.negor.gov.ph



August 10, 2018

WILFREDA D. BONGALOS, PhD, CESO V
 Superintendent
 Schools Division of Negros Oriental
 Department of Education
 Dumaguete City

REC'D
 NO. 4-1760
 DATE 10 AUG 2018
 BY: [Signature]
 REC'D
 n: 8/13/18 kci

Dear Superintendent Bongalos:

In relation to the Sports Enhancement Program of the Provincial Government of Negros Oriental through the partnership of the *Negros Oriental Schools Athletics Association (NORSAA)*, *Negros Oriental Athletics Association (NORAA)* and *Negros Oriental Sports Confederation (NORSPORTS)* to support the DepEd Negros Oriental Schools Division School Sports Program, I would like to invite one or two Trainers from the different school districts to attend the **Training of Trainers (TOT) Coaching Essentials** on **August 24, 2018 (Friday)** at **8:00AM** at the Institute of Youth Sports for Peace (IYSP), North Campus, Foundation University, Dumaguete City.

The method of the training will be lectures, discussions and practicum for the following:

1. Coaching Values and Spirituality in Sports (1-hour)
2. Functional Training Essentials (1-hour)
3. Strength and Conditioning (1-hour)
4. Practicum Functional Training (3-hours)

Anticipating for your support. God bless the Department of Education!

Thank you!

Respectfully,


PAULTOM Y. PARAS
 Sports Development Officer