

Republic of the Philippines DEPARTMENT OF EDUCATION Region VII, Central Visayas

SCHOOLS DIVISION OF NEGROS ORIENTAL

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November 29, 2018

DIVISION MEMORANDUM No. <u>858</u>; s. 2018

LIVE-OUT REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING FOR THE CVIRAA 2019

TO:

- : Assistant Schools Division Superintendents
- : CID & SGOD Chiefs
- : Division Education Program Supervisors / Education Program Specialists
- : District Supervisors / Districts In-Charge
- : Teaching / Non-Teaching Personnel
- : Attached List of Qualified Coaches and Assistant Coaches for the CVIRAA 2019
- 1. This office announces the conduct of a Live-Out Regional Training Program and Accreditation in Sports Coaching on December 3-7, 2018 at Cebu Sports Complex, Cebu City.
- The participants are the winning/ qualified Coaches and Assistant Coaches for the CVIRAA 2019.
- 3. Attendance is a MUST.
- PSDSs /Districts In-Charge are hereby directed to give support to the participants in this training.
- 5. For more details please see attached Regional Memorandum No. 0913, s.2018.
- Traveling and other incidental expenses are chargeable against School MOOE/ Local Funds or any available source subject to the usual accounting and auditing rules and regulations.
- 7. This serves as your **Travel Order**.
- 8. Wide dissemination of this Memorandum is desired.

VILFREDA D. BONGAVOS, Ph.D. CESO V Schools Division Superintendent

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Tel. Nos: (035)225-2838 / 225-0667/422-7644 (Division Supt's Office); (035) 225-1622 (CiD); (035) 225-1623 (Legal Section); (035)225-6180 (SGOD); (035) 422-7643 (Cash Section); (035) 422-8511 (Planning Section); (035) 225-6987 (Record's Section); (035) 422-5283 (Admin. Section); (035) 422-0267 (Personnel Section); (035) 225-2376 (Guard/Medical/Derital Sections); (035) 225-7012 (Educ. Facilities Section); (035) 225-1640 & (035) 225-1640 (Acct. Budget Section); (035) 422-3921 (Supply Section

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REPUBLIKA NG PILIPINAS REPUBLIC OF THE PHILIPPINS

KAGAWARAN NG EDUKASYON DEPARTMENT OF EDUCATION

REHIYON VII, GITNANG VISAYAS REGION VII, CENTRAL VISAYAS

Sudion, Lahug, Cebu City

REGIONAL MEMORANDUM No. <u>0913</u>, s. 2018





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LIVE-OUT REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING

To: Schools Division/City Superintendents
Officers-in-Charge of Regular/Interim Divisions
All Others Concerned

- 1. In its effort to upgrade the coaching competencies of CVIRAA Coaches and Trainers, this Office through the Education Support Services Division (ESSD) in coordination with the Human Resource Development Division will conduct a Regional Training Program and Accreditation in Sports Coaching on December 3-7, 2018 at the Cebu City Sports Complex, Cebu City in cooperation with the Schools Division of the Cebu City.
- This activity aims to:
- a) capacitate coaches and trainers on the current trends, scientific coaching and training techniques in their respective sports discipline;
- b) cover the roles and functions of the coach in modern training methodologies, player development and in promoting ethical values and sportsmanship; and
- c) accredit coaches and asst. coaches qualifiers of Region VII to the CVIRAA Meet 2019 and Palarong Pambansa 2019.
- Participation is as submitted to this Office but priority and a MUST for all Division winning, new and unaccredited Coaches and Asst. Coaches qualified to serve for the CVIRAA Meet 2019 ensuring fair representation of male and female participants with age requirement below 50 years old. Participants are required to: 1) fill up and bring the registration form (attached herewith), 2) present medical certificate, 3) certification from the SDS or School Head that they are actively coaching an event; 4) bring passport size picture with written name and event; 5) bring their own beddings / linens; and 6) bring their own instrument and official apparel of their sports event.
- 4. Travel, per diems and other incidental expenses of all participants including DepEd Facilitators / Speakers and a minimum fee of One Thousand Pesos (PhP1,000.00) to cover for the T-shirt, training kits and ID shall be charged to division/school local SEF/MOOE or any available funds while 3 meal provisions and 2 snacks per day, travel fare and allowance of Non-DepED Resource Speakers shall be charged to Regional Palaro / HRTD or any available funds subject to accounting and auditing rules and regulations. First meal to be served will be lunch on December 3, 2018 while last meal will be PM snacks on December 7.
- 5. Immediate dissemination of this Memorandum is desired.

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SALUSTIANO T. HIMENEZ, CESO VI

DIC, Assistant Regional Director

" EGA 2015: Karapatan ng Labat, Pananagutan ng Labut "



REPUBLIKA NG PILIPINAS REPUBLIC OF THE PHRIPPINES KAGAWARAN NG EDUKASYON DEPARTMENT OF EDUCATION REHIYON VII, GITNANG VISAYAS REGION VII, CENTRAL VISAYAS

Sudion, Lahug, Cebu City



REGISTRATION FORM

(Please write legibly)

РНОТО

	Event:		
Name:		Division:	
Date of Birth:	Age:	_ Gender: Contact No.: _	
School:	Scho		

(Signature over printed name)
Office of the Director (ORDic), 7ct. Nos. (032) 231- 338, 231-(308, 4)4-7399, 414-7325, Office of the Assistant Director, 7ct. Nos. (032) 255-4542
Fleta Technical Auditorec Division (FFAD), 7ct. Nos. (032) 444-7324 Correlation Management Birksion (FFAD), 7ct. Nos. (032) 444-7324
Quality Assessable Division (1943), 7ct. Nos. (492) 235-2319
Education Support Services Division (4550), 1ct. Nos. (492) 234-7057
Education Support Services Division (4550), 1ct. Nos. (032) 254-7057
Flancing, Policy and Research Division (497), 7ct. Nos. (032) 233-7030,
414-7065
Administrative Birly Bo. Tel. Nos. (032) 444-732, 444-4367, 444-7322; 414-4367
Pitnonet Division, 7ct. Nos. (032) 256-2375, 253-8061; 444-7321

" EIA 2015: Karapatan ng Lahat, Fananagutan ng Lahat "

Live-Out Regional Training Program and Accreditation in Sports Coaching, December 3-7, 2018

PROGRAM OF ACTIVITIES

December 3 Day1 - Monday	December 4 Day 2 - Tuesday	PROGRAM OF AC	December 6	December 7
	BREAKFAST	Day 3 - Wednesday	Day 4 - Thursday	Day 5 - Friday
	8:00 – 9:00 AM	BREAKFAST	BREAKFAST	BREAKFAST
		Breakout Session by Event:	Continuation of Sessions by Event	Continuation of Sessions by Even
ARRIVAL	Opening Program Amenities	Pre-Test		,
	9:D1 AM - 12:00 NN	Physical Fitness Test		
REGISTRATION		Inputs		
ALCOS HATTON	Sports Psychology and Philosophy	:		
	Sports Nutrition			
		i		
	By: Kris Mishael P. Junasa			
	Sports Science Officer		l .	
LUNCH	LUNCH	LUNCH	LUNCH	
	1:00 - 4:00 PM	Continuation of Sessions by Event		LUNCH
	Strength and Conditioning	The state of the s	Continuation of Sessions by Event	Post-Test
REGISTRATION	Sports Injury Management and		1	Closing Program by Event
	Prevention		j	Distribution of Certificates and ID
MEETING of	By: Krls Mishael P. Junasa			Homeward Bound
TRAINORS /	}			
FACILITATORS	4:01 - S:00 PM			
	Child Protection Policy			
	By: Atty, Marricar E, Ruñez		1	
	Attorney lii		1	
	Lapulapu City Division			
DINNER	DINNER			
	PRAIREIL	DINNER	DINNER	



List of Coaches and Assistant Coaches for the CVIRAA 2019

No.	Names	District	Event
1	Pinili, Frances	NOHS	Coach, Archery Boys Sec.
2	Canones, Jamaica	Sta. Catalina	Coach, Archery Girls Sec.
3	Soliza, Iren V.	Canlaon	Coach, Arnis Boys Elem.
4	Tabu-Tabu, Joanna T.	Canlaon	Coach, Arnis Girls Elem.
5	Oracion, Allan G.	NOHS	Coach, Arnis Boys Sec.
6	Sipalay, Elvira G.	NOHS	Coach, Arnis Girls Sec.
7	Garsula, Nemillo E.	Jimalalud	Coach, Athletics (Track) Boys Elem.
8	Alabata, Ursulino T.	Canlaon	Coach, Athletics (Field) Boys Elem.
9	Catalona, Jesylyn M.	Siaton	Coach, Athletics (Track) Girls Elem.
10	Depillo, Jondy B.	Ayungon	Coach, Athletics (Field)Girls Elem.
11	Gacho, Mat E.	Jimalalud	Coach, Athletics (Track) Boys Sec.
12	Roxas, Gyles A.	NOHS	Coach, Athletics(Field) Boys Sec.
13	Pelletero, Mildred	NOHS	Coach, Athletics (Track) Girls Sec.
14	Baco, Geovanie	Bindoy	Coach Athletics (Field) Girls Sec.
15	Vallespin, irene	Canlaon	Coach, Badminton Boys Elem.
16	Sillero, Masiste	San Jose	Asst. Coach, Badminton Boys Elem.
17	Acharon, Nimfa	San Jose	Coach, Badminton Girls Elem.
18	Ongco, Monaliza	Canlaon	Asst. Coach, Badminton Girls Elem.
19	Cano, John Martin	Sta. Catalina	Coach, Badminton Boys Sec.
20	Viason, Vincent Pascual	Canlaon	Asst. Coach, Badminton Boys Sec.
21	Uayan, Maricris	Ayungon	Coach, Badminton Girls Sec.
22	Oquendo, Rona	Ayungon	Asst. Coach, Badminton Girls Sec.
23	Rodriguez, Imelda	Mabinay	Coach, Baseball Boys Elem.
24	Harold, Tanilon	Ayungon	Asst. Coach, Baseball Boys Elem.
25	Gariando, Romano	La Libertad	Coach, Baseball Boys Sec.
26	Baldado, Efren	Mabinay	Asst. Coach, Baseball Boys Sec.
27	Lauza, Joebert	Canlaon	Coach, Basketball Boys Elem.
28	Yee, Lolita	Sta. Catalina	Asst. Coach, Basketball Boys Elem.
	Buscato, Brian	NOHS	Coach, Basketball Boys Sec.
	Rafales, Brian	Sta. Catalina	Asst. Coach Basketbail Boys Sec.
31	Ybesate, Rene	NOHS	Coach, Basketball Girls Sec.
32	Cabugnason, Joemar	Dauin	Coach, Basketbali 3x3 Boys Sec.
-	Nillas, Babylonia	Sibulan	Coach, Basketball 3x3 Girls Sec.
	Delmo, Julie Cate	Zamboanguita	Coach, Billiard Boys Sec.
35	Tropezado, Maricel	NOHS	Coach, Billiard Girls Sec.
36	Deo, Danilo	Bindoy	Coach, Boxing Boys Sec.
37	Munez, Arnold	NOHS	Asst. Coach, Boxing Boys Sec.
38		Canlaon	Asst. Coach, Boxing Boys Sec.
39	Divinagracia, Albert	Sibulan	Coach, Chess Boys Elem.
40	Postrano, Melanie	Canlaon	Coach, Chass Girls Elem.
41	Osario, Margarito	Valencia	Coach, Chass Girls Sec
42	Cadalin, Mary Joy	Tayasan	Coach, Chess Girls Sec.
43	Friolanita, Julie Ann	Sibulan	Coach, Dance Sport Sec
44	Corsame, Jimmelyn	NOHS Canlaon	Coach, Dance Sport Sec. Coach, Football Boys Elem.
45	Magsico, Jeanevie		Asst, Coach, Football Boys Elem.
46	Santillan, Raymund	Bacong NOHS	Coach, Football Boys Sec.
47	Pontiilas, Jay	Mabinay	Asst. Coach, Football Boys Sec.
48	Abrasaldo, Orland	NOHS	Coach, Futsal Girls Sec.
49	Acai, Shariotte	Zamboanguita	Coach, Gymnastics Girls Elem.
50	Saoi, Melly	Zamboanguita	Coach, Gymnastics Girls Sec.
51	Trupa, Mary Cris	Amlan	Coach, Aero Gymnastics Elem.
52 53	Fabiliar, Rogelio	Amlan	Coach, Aero Gymnastics Sec.
	Quibot, Jumar Mercado, Benito Axel	Manjuyod	Coach, Lawn Tennis Boys Elem.
54		Tayasan	Coach, Lawn Tennis Girls Elem.
\$5	Baje, John Mark	1.0703811	and an in the state of the stat

List of Coaches and Assistant Coaches for the CVIRAA 2019

57 F 58 L 59 C 60 E 61 /	Eltanal, Ma. Lina Fundador, Lucila Lajot, Flordelin Gumizad, Jaime	Zamboanguita NOHS	Coach, Lawn Tennis Boys Sec.
58 L 59 C 60 E 61 /	Lajot, Flordelin	NOHS	
58 L 59 C 60 E 61 /	Lajot, Flordelin		Coach, Lawn Tennis Girls Sec.
59 0 60 E 61 A		Zamboanguita	Coach, Penkak Silat (Boys) Sec.
60 E		Zamboanguita	Coach, Penkak Silat (Girls) Sec.
61 /	Balasabas, Fritz	Tayasan	Coach, Sepak Takraw JR Boys Elem.
	Alvarico, Jc Jun	Tayasan	Coach, Sepak Takraw SR Boys Sec.
- , ·	Quinanola, Felyn	Jimalalud	Coach, Sepak Takraw SR Girls Sec.
63 F	Rodriguez, Irene Mae	Mabinay	Coach, Softball Girls Elem.
_	Veniales, Mariefela	Jimalalud	Asst. Coach, Softball Girls Elem.
	Acabal, Byron	NOHS	Coach, Softball Girls Sec.
	Ricana, Zaida	Canlaon	Coach, Swimming Boys Elem.
_	Encabo, Mirasol	Canlaon	Coach, Swimming Girls Elem.
	Bascones, Gary	Canlaon	Coach, Swimming Boys Sec.
_	Parco, Bethel Anne	NOHS	Coach, Swimming Girls Sec.
	Gerodiaz, Rodolf	Tayasan	Coach, Table Tennis Boys Elem.
	Demabildo, Juliet	Valencia	Coach, Table Tennis Girls Elem.
	Pastelero, Jeffrey John	La Libertad	Coach, Table Tennis Boys Sec.
	Eslabor, Roland	Canlaon	Coach, Table Tennis Girls Sec.
	Espares, Harold	Zamboanguita	Coach, Taekwondo Boys Elem.
-	Credo, Maricel	Zamboanguita	Coach, Taekwondo Girls Elem.
_	Nocete, Jonathan	NOHS	Coach, Taekwondo Boys Sec.
	Ragay, Ma. Ligaya Cielo	Zamboanguita	Asst. Coach, Taekwondo Boys Sec.
	Osorio, Mario	Canlaon	Coach, Taekwondo Girls Sec.
	Ragay, Ma. Ugaya Cielo	Zamboanguita	Asst. Coach, Taekwondo Girls Sec.
	Dnlagada, Margie	Mabinay	Coach, Volleyball Boys Elem.
_	Tejam, Mary Grace	Dauin	Asst. Coach, Volleyball Boys Elem.
_	Baguio, Welyn	Canlaon	Coach, Volleyball Girls Elem.
	Oracoy, Ma. Debrah	San Jose	Asst. Coach, Volleyball Girls Elem.
	Tubil, Raul	Dauin	Coach, Volleyball Boys Sec.
	Pinero, Andrito	San Jose	Asst. Coach, Volleyball Boys Sec.
	Ozoa, Jerick	Sta. Catalina	Coach, Volleyball Girls Sec.
	Libut, Roselle	Sibulan	Asst. Coach, Volleyball Girls Sec.
_	Pasajingue, Al	Siaton	Coach, Wrestling (Boys) Sec.
	Engreso, Pedro	Zamboanguita	Asst. Coach, Wrestiing (Boys) Sec.
	Partosa, Jhun Yhang Bea	Zamboanguita	Coach, Wushu (Boys) Sec.
	Janipin, Cheryl Mae	Siaton	Coach, Wushu (Girls) Sec.
	De Lima, Marilyn	Canlaon	Coach, SPED Athletics ID (Male 16yrs above)
	Bautista, Hope	Sibulan	Asst. Coach, SPED Athletics ID (Male 16yrs above)
_	Silay, Allona	Amlan	Coach, SPED Athletics ID (Male 15yrs below)
	Manatad, Recca Paulette	Bacong	Asst. Coach, SPED Athletics ID (Male 15yrs below)
	Bonifacio, Rose Marie	Canlaon	Coach, SPED Athletics ID (Female 16yrs above)
	Chua, Queeni	Sta. Catalina	Asst. Coach, SPED Athletics ID (Female 15yrs below)
	Diputado, James Anthony	Sibulan	Asst. Coach, SPED Athletics ID (Female 15yrs below)
	Madronado, Mary Grace	Canlaon	Coach, 5PED Bocce ID
	Lanojan, Rosepel	Canlaon	Asst. Coach, SPED Bocce ID
-	Ragay, Chicko	Sta. Catalina	Cpach, SPED Goal Ball
-	Armentano, Jeffer	Sta. Catalina	Asst. Coach, SPED Goal Ball

Prepared by:

ALLAN A. TABIO

DEPS - Division Sports Coordinator

Noted:

WILFREDA D. BONGADOS, Ph.D., CESO V

Schools Division Superintendent