



Republic of the Philippines
DEPARTMENT OF EDUCATION
Region VII, Central Visayas

SCHOOLS DIVISION OF NEGROS ORIENTAL
www.depednegor.net

November 19, 2018

DIVISION MEMORANDUM
NO. 798, S. 2018

TO : Assistant Schools Division Superintendent
Chief, CID & SGOD
Division Education Program Supervisors
Public School District Supervisors
Public Elementary & Secondary School Heads
All Others Concerned

SUBJECT : **SENIOR CITIZENS PRE-RETIREMENT SEMINAR**

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1. The field is hereby informed of the conduct of **Pre-Retirement Seminar for the Senior Citizens** both teaching and non-teaching personnel on **November 23, 2018 at Bethel Guest House, Dumaguete City from 8:00 in the morning to 5:00 in the afternoon**. This is to capacitate the participants with the needed things to prepare for retirement in terms of health and wellness as well as in handling retirement resources.

The objectives of this seminar are the following;

1. Raise awareness of participants to address gender issues of senior citizens;
 2. Capacitate personnel on the needed documents to prepare for retirement;
 3. Capacitate personnel on strategies to better manage financial resources before and after retirement;
 4. Discuss on how to better prepare for retirement through health and wellness;
 5. Discuss the do's and don'ts of being a senior citizen, and
2. Participants of this seminar are teaching and non-teaching personnel who are 55-64 years old from school/ district and division office. Please attached list.
 3. Food inclusive of 2 snacks and lunch shall be served charged to Division Senior Citizen funds while traveling expenses shall be charged to school MOOE subject to the usual accounting and auditing rules and regulations.
 4. This serves as participants' **Travel Order**.
 5. For your information and guidance.

WILFREDA D. BONGALOS, Ph.D., CESO V
Schools Division Superintendent

PARTICIPANTS TO THE DIVISION PRE-RETIREMENT SEMINAR

November 23, 2018

Bethel Guest House

NAME	DISTRICT
1. MILAGROS VENTRUSA	BACONG
2. ANN TOMAROY	BACONG
3. LIBERATA TEOPE	BACONG
4. FELIX PERALTA	BACONG
5. BONFACIA ELUMBA	BACONG
6. MARILO T. COMCOM	AYUNGON 1
7. DULCESIMA DALLEDA	AYUNGON 1
8. DIOSCORA U. AVISO	STA. CATALINA 4
9. PAMIE S. ELECTONA	STA. CATALINA 4
10. ERLINDA ARNAIZ	STA. CATALINA 4
11. MARY ANN T. DUHIG	STA. CATALINA 4
12. LUCIA GABAS	STA. CATALINA 4
13. RUSSEL G. ZERNA	AMLAN
14. JOY A. SALVA	AMLAN
15. MAURO C. PEREZ	AMLAN
16. ARACELI S. SAGUBAN	AMLAN
17. CLEOFE TINIO	AMLAN
18. MARILYN REGALA	AMLAN
19. TIRSO BELTRAN	AMLAN
20. JAMES CARAMPATAN	AMLAN
21. EMELITA NOCHEFRANCA	AMLAN
22. ENAFE C. CASIPONG	MANJUYOD 1
23. EMMALINDA T. CABALLEDA	MANJUYOD 1
24. DIOSDADA Z. GUILLEN	MANJUYOD 1
25. BETTY A. ADALID	MANJUYOD 1
26. JESSICA S. DELVO	MANJUYOD 1
27. LUZURIAGA YAKAL	TAYASAN 1
28. EVELYN MORATA	TAYASAN 1
29. NELSON AUSAN	TAYASAN 1
30. ARLENE ZUNIEGA	TAYASAN 1
31. ELVIE VILLAGRACIA	TAYASAN 1
32. RIZA LUZURIAGA	TAYASAN 2
33. JUFFIE DELA ZERNA	TAYASAN 2
34. JOCELYN BALASABAS	TAYASAN 2
35. ELSIE CAMANZO	TAYASAN 2
36. GENROSE BARRERA	TAYASAN 2
37. JOCELYN CADAYDAY	STA. CATALINA 3



38. MARILYN LAJATO	STA. CATALINA 3
39. EMELITA MUNEZ	STA. CATALINA 3
40. JOSIE CANONES	STA. CATALINA 3
41. NELSON PAGENTE	STA CATALINA 3
42. LORETA GARCES	JIMALALUD
43. CARMELITA GASO	JIMALALUD
44. EMOGINA PACO	JIMALALUD
45. HAYDEE GRAPA	JIMALALUD
46. LEONORA BACANE	JIMALALUD
47. FE K. ZUNIGA	SIATON 3
48. JOSE DARIAS	SIATON 3
49. ELSIE ATIENZA	SIATON 3
50. PERLITA SUMALPONG	SIATON 3
51. RUFINA PAJANTOY	SIATON 3
52. LEONILA BAGUIOSO	LA LIBERTAD 1
53. VIVIAN BEE	LA LIBERTAD 1
54. GEORGIA CAMERO	LA LIBERTAD 1
55. JUDITH GARSULA	LA LIBERTAD 1
56. NONITA ACAB	LA LIBERTAD 1
57. SONNY V. UY	STA. CATALINA 1
58. JOEL REYES	STA. CATALINA 1
59. AIDA BANA-AY	STA. CATALINA 1
60. JOEL ABELLA	STA. CATALINA 1
61. AURORA DENIEGA	STA. CATALINA 1
62. VIVIENCA P. RIVERA	SIBULAN 2
63. NIMFA M. GAVIOLA	SIBULAN 2
64. JENNIFER DEQUITO	SIBULAN 2
65. ROLDAN DEPOSOY	SIBULAN 2
66. TURLLANA DRILON	SIBULAN 2
67. WILHELMINIA A. REFE	SIBULAN 2
68. ANGELBERTA ALCORIZA	DAUIN
69. YOLANDA TINAYA	DAUIN
70. ELEODORA B. ANTONIO	DAUIN
71. PATERMA A. PONCE	DAUIN
72. NORMALINDA VILLAMIN	DAUIN
73. EVELYN IYAS	BINDOY 1
74. MARILYN TOLEDO	BINDOY 1
75. ISABEL PALUMAR	BINDOY 1
76. FE QUINTANA	BINDOY 1
77. GRACE TUGDANG	BINDOY 1
78. EVELYN DELORIA	SIATON 1
79. ELENA GALABAY	SIATON 1

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80. NECIFORA PALARPALAR	SIATON 1
81. JOCELYN FUTALAN	SIATON 1
82. LEONILA PALARPALAR	SIATON 1
83. CERENIA PALTINGCA	SIATON 1
84. GUILLERMO BANGAYSISO	SIATON 1
85. ADOREY K. SUMINGUIT	AYUNGON 2
86. ANN T. DIGAP	AYUNGON 2
87. HANEYLANE D. TAYHON	AYUNGON 2
88. NENE F. FAUSTORILLA	AYUNGON 2
89. ARACELI DEVERO	AYUNGON 2
90. TESSIE TORRES	MABINAY 2
91. ESTER T. BAJANDI	MABINAY 2
92. GLENDA F. GANTALAO	MABINAY 2
93. BILLY BAJANDI	MABINAY 2
94. VILMA A. TAGUIBULOSAN	MABINAY 2
95. MANSUETA ABEJERO	ZAMBOANGUITA
96. BERNARDITA BANTAYA	ZAMBOANGUITA
97. FE SELEBIO	ZAMBOANGUITA
98. EDGAR NAVARRO	ZAMBOANGUITA
99. RHONA B. SILVA	SIBULAN 1
100. ERNESTO ROLAND TENORIO	SIBULAN 1
101. ZOLETA PONCE	SIBULAN 1
102. NORBERTA GOMEZ	SIBULAN 1
103. PRISCILLA DRILON	SIBULAN 1
104. LEONARDA DELARA	LA LIBERTAD 2
105. MESSA A. SARMIENTO	LA LIBERTAD 2
106. DELRICA S. LAZAGA	LA LIBERTAD 2
107. JOICE L. SOTOMAYOR	LA LIBERTAD 2
108. FELIPE M. ALBANDIA	LA LIBERTAD 2
109. FE SAMONTANEZ	BINDOY 2
110. FE BALDADO	BINDOY 2
111. MYRNA ECHICA	BINDOY 2
112. TEOFANESSA YUSON	BINDOY 2
113. ELLÉN ABELLO	BINDOY 2
114. MARICHU VALLEGA	SAN JOSE
115. ROSE MARIE TORRES	SAN JOSE
116. ESTRELLA SUELTO	SAN JOSE
117. ARNULFO QUISEL JR.	SAN JOSE
118. MARLENE ARAGONES	SAN JOSE
119. ROLITA ANDAYA	MANJUYOD 2
120. ARLENE KADUSALE	MANJUYOD 2
121. ERLINDA CABALLES	MANJUYOD 2

122.	NELDA G. RAGAY	MANJUYOD 2
123.	ALLAN Z. RICARDO	MANJUYOD 2
124.	MANSUETO JOSE A. CARINO	VALENCIA
125.	NIDA BAINES	VALENCIA
126.	RENO Q. LARIOSA	VALENCIA
127.	HERMINIGILDA C. FAVOR	VALENCIA
128.	BRENDA L. PASQUIL	CANLAON 2
129.	MERCEDES PAINANDOS	CANLAON 2
130.	LUDY CANOY	CANLAON 2
131.	JOSEPHINE ALQUILITA	CANLAON 2
132.	CHARLITA CANOPIN	CANLAON 2
133.	GENE DIONALDO	CANLAON 1
134.	GREGORIA DE LA PAZ	CANLAON 1
135.	EVELYN ASENTISTA	CANLAON 1
136.	EDNA BETCHIDO	CANLAON 1
137.	FELISA LEDUNA	CANLAON 1
138.	EDITHA B. REPASA	SIATON 4
139.	HENRY L. CENAS	SIATON 4
140.	CLAUDIA G. MARIANO	SIATON 4
141.	FREDISWENDA L. TAYKO	SIATON 4
142.	ULDERICO M. TINAMBACAN, JR.	SIATON 4
143.	ANTONIO O. BROCE	SIATON 2
144.	LORENZO GAJUNERA	SIATON 2
145.	SUZETTE CALUMPANG	SIATON 2
146.	LORNA QUIQUI	SIATON 2
147.	GLORIA ANSOK	SIATON 2
148.	MYRNA T. SUMAGAYSAY	MABINAY 4
149.	HONORATA L. BILLENA	MABINAY 4
150.	ELVYN S. FAURA	MABINAY 4
151.	MYRLYN R. CABILDO	MABINAY 4
152.	BERNARDO S. NOVERO	DAUIN
153.	CHONITA D. BOYBANTING	DAUIN
154.	LUZ R. BAIS	DAUIN
155.	BEBIANO A. TUAYON	DAUIN
156.	NORMAN BALNEG	DAUIN
157.	VIRGILIA ADAPON	ZABOANGUITA
158.	TERESITA ABELLA	ZAMBOANGUITA
159.	EVANGELINE MIRA	SIATON 2
160.	LORENZO GAYNERA	SIATON 2
161.	LETECIA GADINGAN	SIATON 2
162.	MOLINGLLANE KITANE	SIATON 2
163.	FRANCISCO DIAZ	SIATON 2

164.	NARCISA DOMEN	SIATON2
165.	MAGNOLIA A. ACSON	SIATON 2
166.	FLORA PEREZ	SIATON 2
167.	YOLANDA RAPON	SIATON 2
168.	ANGELA LESTER	NOHS
169.	AANTONIO ARANAS	NOHS
170.	ALLAN BANA	NOHS
171.	JOSEFINA BANOOGON	NOHS
172.	CONCHITA CABALLES	NOHS
173.	VIDA CABRISTANTE	NOHS
174.	SUSAN ELNAR	NOHS
175.	OLIVER STRAVELA	NOHS
176.	ADELA JAMON	NOHS
177.	KATHLEEN LASOLA	NOHS
178.	RUTHY ROSE MAQUILING	NOHS
179.	PALMA DIOSCRISA MENDOZA	NOHS
180.	ANAVILLA TISO	NOHS
181.	ARTEMIO LARENA	NOHS
182.	FREDERICK PINILI	NOHS
183.	DEODATO TORRES	DIVISION OFFICE
184.	ARECIA PASQUIL	DIVISION OFFICE
185.	MYRNA ROY BAJAR	DIVISION OFFICE
186.	FLOREVIL SHEBA SALIMBAGAT	DIVISION OFFICE
187.	MIRIAM LO BATIANCILA	DIVISION OFFICE
188.	ALMA CORA CATA CUTAN	DIVISION OFFICE
189.	DR. ERMITA MIRANDA	DIVISION OFFICE
190.	ALICIA SAGOLILI	DIVISION OFFICE
191.	DR. HENRY SOJOR	RESOURCE SPEAKER
192.	SUSETTE ONDE	DIVISION OFFICE/NURSE
193.	MARIA LOVELYN MANANQUIL	DIVISION OFFICE/ NURSE
194.	EMMA S. MATE	DIVISION OFFICE
195.	LANIE YURONG	DIVISION OFFICE
196.	JIANNE DIAZ	DIVISION OFFICE
197.	LYDIA CACAS	DIVISION OFFICE
198.	JENNIFER PIODOS	DIVISION OFFICE
199.	DR. WILFREDA D. BONGALOS	DIVISION OFFICE
200.	DR. FAY C. LUAREZ	DIVISION OFFICE
201.	DR. NILITA L. RAGAY	DIVISION OFFICE
202.	DR. ERLINDA N. CALUMPANG	DIVISION OFFICE
203.	DR. RACHEL B. PICARDAL	DIVISION OFFICE
204.	DR. CARMELITA A. ALCALA	DIVISION OFFICE /TWG
205.	IRYLL MAE S. MACAHIG	DIVISION OFFICE/ TWG

206.	DR. DAN P. ALAR	DIVISION OFFICE/TWG
207.	CARMELITA ABALLE	DIVISION OFFICE
208.	ERIC CALUMPANG	DIVISION OFFICE
209.	LUISITA TABIO	DIVISION OFFICE
210.	ESTERLINA B. PARAGOSO	DIVISION OFFICE
211.	HENRY BALAHAN	DIVISION OFFICE
212.	GIGI GRAPA	DIVISION OFFICE
213.	DR. HENRY A. SOJOR	SPEAKER
214.	MA. IRENE CECILIA ELEMIA	SECRETARIAT
215.	LOU A. RUBIO	SECRETARIAT

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