



Republic of the Philippines
DEPARTMENT OF EDUCATION
Region VII, Central Visayas
SCHOOLS DIVISION OF NEGROS ORIENTAL
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November 16, 2018

DIVISION MEMORANDUM



No. 788 s. 2018

PGCA ANNUAL CONFERENCE & FELLOWSHIP WITH THE THEME "ENHANCING MENTAL HEALTH FOR THE PSYCHOLOGICAL WELL-BEING"

To: Assistant Schools Division Superintendents
Chiefs (CID & SGOD)
Division Education Supervisors & Division Coordinators
District Supervisors/District In-Charge
All Secondary and Elementary School Heads
All Others Concerned

1. Attached is Regional Memorandum No. 0745 s. 2018 entitled, "**Annual Conference and Fellowship with the theme on "Enhancing Mental Health for Psychological Well-being"**", which will be on November 19, 2018 at Silliman University Hall, Silliman University, Dumaguete City, Negros Oriental.
2. For more information, please see attached Regional Memorandum and communication.
3. For the information and guidance of all concerned.

For the Schools Division Superintendent:

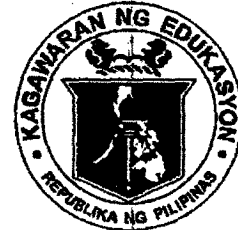

DR. ERLINDA N. CALUMPANG
Chief, CID
Officer- In-Charge 

16 NOV 2018

WDB/rbp/imsm2018



REPUBLIKA NG PILIPINAS
REPUBLIC OF THE PHILIPPINES
KAGAWARAN NG EDUKASYON
DEPARTMENT OF EDUCATION
REHIYON VII, GITNANG VISAYAS
REGION VII, CENTRAL VISAYAS
Sudlon, Lahug, Cebu City



OCT 09 2018

REGIONAL MEMORANDUM

No. 0745, s. 2018

Annual Conference and Fellowship of the Philippine Guidance and Counseling Association

**TO: All Schools Division Superintendents/OICs
All Others Concerned**

1. For the information and guidance of all concerned, attached is the communication from the Philippine Guidance Counseling Association, regarding its annual conference and fellowship with the theme, "*Enhancing Mental Health for Psychological Well-being*" on November 9, 2018 at the Silliman University, Dumaguete City.
2. Attention is invited to paragraph 2 of the said communication for more details of the said activity.
3. Herewith are copies of the said communication and its related documents for further reference.
4. Immediate dissemination of this Memorandum is enjoined.

Juliet A. Jeruta
JULIET A. JERUTA PhD
Director IV
Regional Director

RD
ARV

Office of the Director (ORDir), Tel. Nos.: (032) 231-1433; 231-1309; 414-7399; 414-7325; Office of the Assistant Director, Tel. No.: (032) 255-4542
Field Technical Assistance Division (FTAD), Tel. Nos.: (032) 414-7324 Curriculum Learning Management Division (CLMD), Tel. Nos.: (032) 414-7323
Quality Assurance Division (QAD), Tel. Nos.: (032) 231-1071 Human Resource Development Division (HRDD), Tel. No.: (032) 255-5239
Education Support Services Division (ESSD), Tel. No.: (032) 254-7062 Planning, Policy and Research Division (PPRD), Tel. Nos.: (032) 233-9030;
414-7065 Administrative Division, Tel. Nos.: (032) 414-7326; 414-4367; 414-7366; 414-7322; 414-4367
Finance Division, Tel. Nos.: (032) 256-2375; 253-8061; 414-7321

"ESD 2015: Karapatan ng Lahat, Pananagutan ng Lahat"



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Sudlon, Lahug, Cebu City



DepEd RO7 Advisory No. 28 s. 2018

October 26, 2018

(In compliance with DepEd Order No.8, s. 2013, this advisory is issued for the information of DepEd officials, personnel/ staff, as well as the concerned public.)

Annual Conference and Fellowship with the theme on "Enhancing Mental Health for Psychological Well-being"

1. This office is disseminating the communication from Philippine Guidance and Counseling Association (PGCA) Negros Oriental-Siquijor Chapter Annual Conference and Fellowship on Enhancing Mental Health for Psychological Well-being.
2. For details, refer to the attached communication from Dr. Angelita C. Young Ricardo, RGC/RPm, Chapter President.
3. For the information of all interested and concerned parties.


SALUSTIANO T. JIMENEZ, LLB., CESO VI
OIC- Assistant Regional Director

ARDSTJimenez/2018 Office advisory

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"ESQ 2015: Kamapitan ng Lahat, Pansamantalang ng Lahat"



PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION
Negros Oriental-Siquijor Chapter

October 15, 2018

To: Dr. Juliet A. Jeruta
Director IV, Regional Director
Region VII

Thru: Dr. Salustiano T. Jimenez, CESO IV
Assistant Regional Director

Dear Dr. Jeruta,

We are very grateful for your generous support to our upcoming activity. However, due to conflict of schedule with the Guidance Designates/Guidance Career Advocates of the Department of Education Province Division on *November 9, 2018*, the Philippine Guidance Counseling Association (PGCA) Negros Oriental-Siquijor Chapter will move its Annual Conference and Fellowship with the theme on *"Enhancing Mental Health for Psychological Well-being"* on *November 16, 2018* at the Silliman University Hall, Silliman University, Dumaguete City. Our invited speaker is still Dr. Stephanie Eloisa D. Miaco, Psychiatrist.

Thus, in this connection we would like to once again invite your Guidance Counselors, Career Guidance Advocates and Program Development Officers (PDO) in your division for this conference. The conference will offer useful information about the common mental health cases and issues encountered in the school or community setting such as non-suicidal self-harming behaviors, stigma and shame attached to mental health and various mental health conditions commonly experienced by adolescents. Likewise, mindfulness sessions will be conducted for the psychological well-being of guidance practitioners.

A registration fee of one thousand (Php 1,000) will cover 2 snacks (A.M. & P.M.), lunch, certificate, as well as other incidental expenses. *We humbly appeal that participants' registration fee and travel expenses shall be charged to their respective School MOOE/local funds so as to encourage attendance to this activity as part of their continuing professional development.* We are hopeful that you will be so kind as to take this into consideration in sending participants to this seminar and we always look forward to a continuing partnership with the Department of Education in the professional development of its personnel.

Kindly contact any of the following: Ms. Rosyl Gerakline M. Partosa, RGC (Mobile no. 0997 550 9921) Ms. Marichyle Lajato (Mobile No. 0917 540 3313) or Dr. Anna Marie C. Austero, RGC (Mobile No. 0935 213 5813) to confirm the number of personnel from DepEd Schools who will be attending the conference. Please take note that in order to facilitate the smooth and effective proceedings of the conference, we are requiring pre-registration not later than November 12, 2018.

Attached is a copy of the program of activities. Participants are encouraged to wear their most comfortable attire for the afternoon session. Thank you and God bless us all.

Respectfully Yours,


Dr. Angelita C. Young Ricardo, RGC /RPM
Chapter President



PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION
Negros Oriental-Siquijor Chapter

Annual Conference and Fellowship
Theme: "Enhancing Mental Health for Psychological Well-being"
November 16, 2018, 8:00 AM - 4:30 PM
Silliman Hall, Silliman University

P R O G R A M M E

8:00 - 8:30 AM	REGISTRATION	
8:30 - 9:00	OPENING PROGRAM	
	Invocation	Ms. Rosela Nocete <i>Designate Guidance, Negros Maritime College Foundation Inc.</i>
	National Anthem	
	Welcome Remarks	Dr. Angelita Young C. Ricardo, RGC, <i>Chapter President /Prof., St. Paul Univ.</i>
RPM		
<i>Damagante</i>	Acknowledgment of Participants	
	Introduction of Resource Speaker	Dr. Jarville Rafols, RGC, RPM <i>Chapter Vice President /Head, Guidance & Testing Division, Silliman University</i>
9:00 - 9:30	A Testimony	
9:30 - 10:30	Lecture Proper	Dr. Stephanie Eloisa D. Misco <i>Psychiatrist</i>
10:30 - 11:00	Open Forum and Health Break	
11:00 - 11:15 RPsy	Updates from National PGCA	Dr. Evangeline P. Aguilan, RGC, RPM, <i>Vice-President, National Philippine Guidance and Counseling Association Inc.</i>
11:15 - 11:30	Treasurer's Report	Ms. Marychyle P. Lajato <i>Chapter Treasurer/Designate Guidance, Negros Oriental High School</i>
11:30 - 1:00PM	LUNCH BREAK & ELECTION OF OFFICERS	
1:00 - 3:00	Mindfulness Mindfulness Practice	Ms. Marychyle P. Lajato <i>Designate Guidance, Neg. Or High School</i>
		Ms. Dulce de Guzman, RGC, RPM <i>Chapter Representative/Guidance Counselor, Damagante City Nat'l HS</i>
3:00- 4:30	Health Break Acknowledgment of Officers & Giving of Certificates Oath Taking of Newly Elected Officers Evaluation Closing Prayer	

Lady of Ceremony: Ms. Maria Irma A. Vintola, RGC
Chapter Secretary/Guidance Counselor
SLS Don Bosco



PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION
Negros Oriental-Siquijor Chapter

October 26, 2018

To: Dr. Juliet A. Jeruta
Director IV, Regional Director
Region VII

Thru: Dr. Salustiano T. Jimenez, CESO IV
Assistant Regional Director

Dear Dr. Jeruta,

May I sincerely extend my deepest apology regarding changes in the schedule of our Philippine Guidance Counseling Association (PGCA) Negros Oriental-Siquijor Chapter Annual Conference and Fellowship with the theme on "*Enhancing Mental Health for Psychological Well-being*" on **November 16, 2018** at the Silliman University Hall, Silliman University, Dumaguete City. We have just been informed that there will be a regional mass training for Career Guidance Advocates on November 12-16, 2018 and therefore the last day of their seminar will be in conflict with our schedule. Upon review and feedback from interested Guidance Designates/Guidance Career Advocates of the Department of Education Province Division we have decided to accommodate them and move our schedule to **November 19, 2018, Monday**. Our invited speaker is still Dr. Stephanie Eloisa D. Miaco, Psychiatrist.

Thus, in this connection we would like to once again invite your Guidance Counselors, Career Guidance Advocates and Program Development Officers (PDO) in your division for this conference. The conference will offer useful information about the common mental health cases and issues encountered in the school or community setting such as non-suicidal self-harming behaviors, stigma and shame attached to mental health and various mental health conditions commonly experienced by adolescents. Likewise, mindfulness sessions will be conducted for the psychological well-being of guidance practitioners.

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Attached is a copy of the program of activities. Thank you and God bless us all.

Respectfully Yours,

Angelita C. Young Ricardo
Dr. Angelita C. Young Ricardo, RGC /Rpm
Chapter President