



October 2, 2018

DIVISION MEMORANDUM

No. 641 s., 2018

BUGLASAN SWIM FEST 2018

TO : Assistant Schools Division Superintendents
Division Chiefs, CID/SGOD
Division Supervisors/Division Coordinators/SEPS/EPS
Public Schools District Supervisors/Districts-In-Charge
Elementary and Secondary School Heads
Teaching and Non-Teaching Personnel
All Others Concerned

Please be informed that the Provincial Government through Negros Oriental Sports Development Program (NOSDEP) and NORSPORTS are organizing a Buglasan Swin Fest 2018.

This two-week long series of events will include the following activities:

- | | | |
|-------------------|---|--|
| October 20-21 | - | Buglasan Invitational Age-Group Swimming Competition |
| October 22-24 | - | Coaches and Trainers Enhancement Program |
| October 25-Nov. 3 | - | Swim Clinic for Developmental and Competitive Level Swimmers |
| October 24 | - | Open Water Swim Workshop |

DepED swim coaches and trainers from different schools are encouraged to attend in the Coaches and Trainers Enhancement Program on October 22-24, 2018 at the Negros Convention Hotel Function Room, Capitol Area, Dumaguete City.

Expenses incurred during your attendance to this activity shall be charged against local funds or other sources of funds, subject to the usual accounting and auditing rules of COA.

Immediate and wide dissemination of this Memorandum is desired.

WILFREDA D. BONGALOS, Ph.D., CESO V
Schools Division Superintendent

10/2/18

WDB/AAT/bing



BUGLASAN SWIM FEST 2018

DUMAGUETE CITY, NEGROS ORIENTAL

September 26, 2018

Wilfreda D. Bongalos, Ph.D., CESO V
Schools Division Superintendent
DepEd Division of Negros Oriental

Thru: **Allan A. Tabio**
Division Sports Officer
DepEd Division of Negros Oriental

Dear Madam,

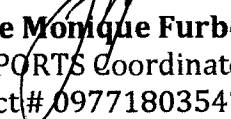
Greetings!

In celebration of the **Negros Oriental Buglasan Sports Festival** on October, we are organizing a **Buglasan Swim Fest 2018** activity. This activity is in partnership with the Provincial Government through Negros Oriental Sports Development Program (NOSDEP). It is a two-week long series of events which will include the following activities: **Buglasan Invitational Age-Group Swimming Competition (Oct. 20 - 21)**, **Coaches and Trainers Enhancement Program (Oct. 22 - 24)** and **Swim Clinic for Developmental and Competitive Level Swimmers (Oct. 25 - Nov. 3)**, **Open Water Swim Workshop (Oct. 24)**. These activities are open to any interested coaches, trainers, developmental or competitive level swimmers. Most of the activities will be held in Dumaguete City, Negros Oriental.

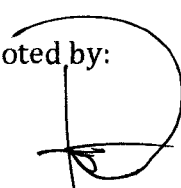
In line with this, we would like to invite your DepEd swim coaches and trainers from different schools under your division to attend the **Coaches and Trainers Enhancement Program on October 22-24, 2018** to be held at the Negros Convention Hotel Function Room, Capitol Area, Dumaguete City. To facilitate the activity, we invited **Coach Jun Rodriguez** of *Rodriguez Aquatic Sports Academy (RASA)*, a *national accredited coach* and a member of *International Swimming Coaches Association (ISCA)* and *World Swimming Coaches Association (WSCA)*; and **Coaches Benjoe Gimenez** and **Jess Arriola** of *SHS - Ateneo de Cebu* as speakers for the Seminar. I have attached with this letter the infokit and registration forms.

We are looking forward to your participation. Feel free to contact us anytime. Thank you.

Respectfully yours,


Jeanne Monique Furbeyre
NORSPTS Coordinator - Swimming
Contact # 09771803547
Email ad: monique.furbeyre@gmail.com

Noted by:


Paultom Paras
Provincial Sports Coordinator
Negros Oriental



BUGLASAN SWIM FEST 2018

DUMAGUETE CITY, NEGROS ORIENTAL

Coaches and Trainers Enhancement Program

October 22 - 23, 2018

8am - 4pm

Registration Fee: Php 3,500

(Inclusion: Lunch and 2 Snacks daily, Training Certificate, Participant's ID)

LIMITED SLOTS

Day 1 & Day 2 Venue: 2nd Floor Function Hall, Convention Center Hotel, Dumaguete City

Day 3 Venue: Gov. Lorenzo G. Teves Memorial Aqua Center, Capitol Area, Dumaguete City

50 meter Swimming Pool with 6 lanes

(proper swimming attire is required)

Course Outline:

Swimming Physiology

Advancement in the Concept of Exercise Fatigue

Club or Team Management

Team and Individual Training Program

Coaching Techniques

Team Preparation for Competition

Team and Individual Motivation

Nutrition

Basic First Aid and Cardiopulmonary Resuscitation (CPR)

Speakers:

Coach Benjoe P. Gimenez

Head Coach

SHS - Ateneo de Cebu

President

Visayas Integrated School Swimming Association (VISSA)

Coach Jesse M. Arriola

Coach

SHS o Ateneo de Cebu

Secretary General

Visayas Integrated School Swimming Association (VISSA)

Coach Jun Rodriguez

Head Coach

Rodriguez Aquatic Sports Academy (RASA)

Member, International Swimming Coaches Association (ISCA)

Member, World Swimming Coaches Association (WSCA)

Jeanne Monique C. Furbeyre, RN

Negros Oriental Sports (NORSPORTS) Coordinator - Swimming

Basic Water Safety Instructor, HHID / RNLI

Basic Life Support Instructor, Philippine Heart Association



BUGLASAN SWIM FEST 2018

DUMAGUETE CITY, NEGROS ORIENTAL

Coaches and Trainers Enhancement Program

Date & Time of Activity: **October 22-23, 2018** (Monday – Wednesday, 8a.m.-4p.m)

Deadline for Registration: October 6, 2018 or until slots are full

REGISTRATION FEE: Php 3,500

(Inclusion: Lunch and 2 Snacks daily, Participant's ID, Training Certificate, Training Module)

Day 1 & Day 2 Venue: – Function Hall, Convention Center Hotel, Capitol Area, Dumaguete City

Day 3 Venue: Gov. Lorenzo G. Teves, Memorial, Aqua Center, Dumaguete City

LAST NAME:	FIRST NAME:	MIDDLE INITIAL:
AGE:	DATE OF BIRTH:	GENDER:
CLUB/TEAM:	EMAIL:	
HOME ADDRESS:	CONTACT NUMBER:	
EMERGENCY CONTACT DETAILS: NAME: RELATIONSHIP: CONTACT NO.:		


ACKNOWLEDGEMENT

Received from _____ the amount of **Three Thousand Five Hundred Pesos (Php 3,500)** as registration fee for the "Coaches and Trainers Enhancement Program" as part of the BUGLASAN SWIM FEST 2018 activity."

VALIDATING OFFICER

Date

Contact Person: **Monique Furbeyre**
NorSports Coordinator - Swimming
Contact # **09771803547**



BUGLASAN SWIM FEST

Dumaguete City, Negros Oriental

Oct. 20-21: Buglasan Invitational Age-Group
Swimming Competition 2018

7am - 5:30pm
Gov. Lorenzo G. Teves Memorial Aqua
Center, Capitol Area, Dumaguete City

Oct. 22-24: Coaches and Trainers
Enhancement Program

8am - 4pm

LIMITED SLOTS

DAY 1-2 : Negros Convention Hotel Function Room,
Capitol Area, Dumaguete City

DAY 3 : Lorenzo G. Teves Memorial Aqua Center
Capitol Area, Dumaguete City

Oct. 25-Nov. 3: Swim Clinic for Developmental
& Competitive Level Swimmers
(10 days)

6am - 9am & 3pm - 6pm

LIMITED SLOTS

Lorenzo G. Teves Memorial Aqua Center
Capitol Area, Dumaguete City

November 4: Open Water Swim Workshop

6:30am-5:00pm

LIMITED SLOTS

Kakisa Dive Resort, Bacong, Negros Oriental

COACH JUN RODRIGUEZ
HEAD COACH

RODRIGUEZ AQUATIC SPORTS ACADEMY (RASA)
NATIONAL ACCREDITED COACH

MEMBER, INTERNATIONAL SWIMMING COACHES ASSOCIATION (ISCA)

MEMBER, WORLD SWIMMING COACHES ASSOCIATION (WSCA)

FOR DETAILS, CONTACT:

Event Organizer: Jeanne Monique Furbeyre
NorSports Coordinator - Swimming -
Contact number: 09771803547 / 09257100361
Email: monique.furbeyre@gmail.com

