



October 2, 2018

**DIVISION MEMORANDUM**

No. 640 s., 2018

**SEPAK TAKRAW TECHNICAL RULES TRAINING AND UPDATING SEMINAR**

TO : Assistant Schools Division Superintendents  
Division Chiefs, CID/SGOD  
Division Supervisors/Division Coordinators/SEPS/EPS  
Public Schools District Supervisors/Districts-In-Charge  
Elementary and Secondary School Heads  
Teaching and Non-Teaching Personnel  
All Others Concerned

1. Please be informed that Pilipinas Sepaktakraw Association, Inc., will conduct a Seminar in Sepaktakraw Technical Rules Training and Updating on October 13-14, 2018 at the 3<sup>rd</sup> Floor Conference Room of DepED-Schools Division of Negros Oriental, Capitol Area, Dumaguete City.
2. The participants to this training are the following:
  - a) all winning /qualified coaches for the NORAA Meet 2018
  - b) two (2) takraw officiating officials per district  
(one in the elementary and one in the secondary)
3. Public Schools District Supervisors/District In-Charge and School Administrators are encouraged to give support to the participants joining this activity.
4. Enclosed is the communication from Mr. Jolly Junia Laboy, Technical Chairman of Pilipinas Sepaktakraw Association, Incorporated, for details.
5. Registration, transportation, food and other incidental expenses incurred during the conduct of the said activity will be charged to local funds or any other sources of funds, depending on its availability, subject to the usual accounting and auditing rules and regulations.
6. Further, this Office hereby appoints **MR. DENI KENT C. MARRIOT**, Teacher II of Tayasan NHS, Tayasan District II as the facilitator during the said training.
7. Participants attending this training shall be granted service credits/compensatory overtime credits only upon submission of duly accomplished Daily Time Record (Form 48).
8. Immediate and wide dissemination of this Memorandum is desired.

**WILFREDA D. BONGAKOS, Ph.D., CESO V**  
Schools Division Superintendent

10/2/18

WDB/AAT/bing

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**LETTER PROPOSAL**



10 August 2018

**WILFREDA D. BONGALOS, Ph.D., CESO V**  
**Schools Division Superintendent**  
**DepEd Division of Negros Oriental**

**Thru: ALLAN A. TABIO**  
**Division Sports Officer**  
**DepEd Division of Negros Oriental**

09267067247  
jolly\_laboy@yahoo.com

**International Referee**  
**Asian Referee**  
**National Referee**  
**Associate Professor**

**SEPAKTAKRAW & HOOP TAKRAW 2017 IMPOSED TECHNICAL RULES TRAINING AND UPDATING SEMINAR ON 13-14 OCT & 20 OCT 2018**

Madam,

Sepaktakraw & Hoop Takraw are highly skilled games that require a specific technique of acrobatic and somersault movements of athletes. In order to achieve this, specific technical coaching skills are required. Pursuing uniformity in interpreting all technical rules of play needed a referee's expertise.

The big challenge therefore is to enrich all the athletes, coaches, referees, and other stakeholders with the highest technical interpretation of the rules to perfect the execution of athletes during practice that will smoothen the conduct of the game.

With your Division now winning medals in tournaments thus elevating your team's level of competitiveness, the need for a Sepaktakraw 2017 Imposed Technical Rules Training and Updating Seminar is therefore timely and relevant.

This 2-days seminar plus 1-day "in their-workplace" assignment event will:  
1) allow coaches, athletes, referees, and enthusiasts to come together as a group given the volunteers needed for the 30th SEA Games Philippines 2019 hosting; 2) provide common interpretation of the recent 2017 released Law of Sepaktakraw; 3) create a direction of understanding from the viewpoint of the coaches, athletes,



referees, and stakeholders; and 4) establishing a very attractive atmosphere for the sponsors, benefactors, and spectators of Sepaktakraw.

Being a self-liquidating activity, a measly P800 Registration will be asked from each participant for the 2-days seminar and 1-day in-their-workplace assignment who will get a Certificate of Recognition & Appearance, Learning Materials, and morning and afternoon snacks. An Official Receipt will be issued by yours truly the speaker.

My sincere request for your Schools Division is to:

- 1)** issue an Advisory/Memo for the participants you see are relevant in shaping the future of your Sepaktakraw teams;
- 2)** identify an elementary/high school as seminar venue (one simple room will do) and in the elementary/high school will accommodate the participants in one to four rooms only as free billeting; and
- 3)** appoint Mr. Deni Kent C. Mariot, Teacher II of Tayasan National High School as Facilitator who is active in the sport.

My representation shall bring the:

- 1) LCD projector, laptop, and other presentation needs;
- 2) all lecture materials;
- 3) snacks for the participants;
- and 4) Certificates of Recognition and Appearance.

Praying for your support to this endeavor.

Yours Sincerely,

**Mr. Jolly Junia Laboy**

*Tournament Manager, Sepaktakraw, Palarong Pambansa  
International Referee, International Sepaktakraw Federation  
Asian Referee, Asian Sepaktakraw Federation  
National Referee, Pilipinas Sepaktakraw Association, Inc.  
Associate Professor, University of Southeastern Philippines, Davao City*

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**Pilipinas Sepaktakraw Association, Inc.**  
Sepaktakraw Technical Rules Training and  
Coaching Training & Updating Seminar

**Sepaktakraw  
Program of Activities**

Course Lecturer - Jolly Laboy

**International Lecturer**  
International Sepaktakraw Federation

**Technical Chairman  
and Board of Director, 2016-2020**  
Pilipinas Sepaktakraw Association, Inc.

Course Facilitator - Deni Kent C. Mariot  
Referee-Coach  
DepEd Negros Oriental and DepEd R-7

**\*\*IMPORTANT**

The mandatory immersion-application-implementation Session will be conducted in the respective workplace of each attendee.

All participants will be required to report through email all implementation sessions.

Complying participants will be provided priority in higher level seminars and trainings in preparation for the choosing of personnel for the 30th SEA Games.

**Day 1 - SATURDAY, 13 Oct 2018**

| <b>Time</b> | <b>Topic</b>                             | <b>Name of Speaker</b>      |
|-------------|--|-----------------------------|
| 9:00am      | <b>Opening &amp; Expectation Setting</b> | Seminar Attendees           |
| 9:15am      | <b>Welcome Remarks</b>                   | Division Office Executives  |
|             | Sports Groupings follows after           | Pilipinas Sepaktakraw Asso. |

| <b>Time</b> | <b>Topic</b>  | <b>Name of Speaker</b>  |
|-------------|---|---|
| 9:30 am     | Introduction of Sepaktakraw Participants by Groups                        | Participants in Groups  |
| 9:35 am     | Direction of Pilipinas Sepaktakraw re: Clubs, Inc.                        | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee,<br>Pilipinas Sepaktakraw Asso. |
| 9:40 am     | Case Problem Set No. 1  | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee,<br>Pilipinas Sepaktakraw Asso. |
| 9:50 am     | Overall Preparations of Competitions                                      | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee,<br>Pilipinas Sepaktakraw Asso. |
| 10:00 am    | <b>TEA BREAK</b>  |   |
| 10:15 am    | Conduct of Competition  | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee,<br>Pilipinas Sepaktakraw Asso. |
| 10:50 am    | Case Problem Set No.2   | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee,<br>Pilipinas Sepaktakraw Asso. |
| 11:00 am    | Duties and Responsibilities of Sepaktakraw Coaches, Officials, & Referees | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee,<br>Pilipinas Sepaktakraw Asso. |

|          |   |   |
|----------|---|---|
| 11:30 am | Case Problem Set No.3   | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee,<br>Pilipinas Sepaktakraw Asso. |
| 11:45 am | Code of Ethics for All  | Mr. Jolly Junia Laboy<br>International Lecturer<br>ISTAF                                  |
| 12:00 nn | LUNCH BREAK   |   |
| 1:30 pm  | Case Problem Set No.4   | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee,<br>Pilipinas Sepaktakraw Asso. |
| 1:40 pm  | Understanding the Sepaktakraw<br>Laws of The Game:<br>Situations for Rule 1 to 9        | Mr. Jolly Junia Laboy<br>International Lecturer<br>ISTAF                                  |
| 3:40 pm  | Case Problem Set No.5   | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee,<br>Pilipinas Sepaktakraw Asso. |
| 3:45 pm  | TEA BREAK   |   |
| 3:50 pm  | Understanding the Sepaktakraw<br>Laws of The Game:<br>Situations for Rule 10 to 18      | Mr. Jolly Junia Laboy<br>International Lecturer<br>ISTAF                                  |
| 4:50 pm  | Case Problem Set No.6   | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee,<br>Pilipinas Sepaktakraw Asso. |
| 4:55 pm  | Filling up the Scoresheets and<br>other Documents based on<br>ISTAF Rules - Team & Regu | Mr. Jolly Junia Laboy<br>International Lecturer<br>ISTAF                                  |
| 5:30 pm  | END of DAY 1  |   |

**Day 2 - SUNDAY, 14 Oct 2018**

| <b>Time</b> | <b>Topic</b>   | <b>Name of Speaker</b>   |
|-------------|--|--|
| 8:30 am     | Case Problem Set No.7  | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee, PSTAI |
| 8:40 am     | Understanding the Sepaktakraw Laws of The Game for Doubles: Situations for Rule 1 to 18                      | Mr. Jolly Junia Laboy<br>International Referee<br>ISTAF          |
| 9:40 am     | Filling up the Scoresheets and other Documents based on ISTAF Rules - Doubles                                | Mr. Jolly Junia Laboy<br>International Lecturer<br>ISTAF         |
| 10:15 am    | TEA BREAK  |  |
| 10:20 am    | Understanding the Sepaktakraw Laws of The Game for Beach and Quad: Situations for Rule 1 to 18               | Mr. Jolly Junia Laboy<br>International Referee<br>ISTAF          |
| 11:20 am    | Filling up the Scoresheets and other Documents based on ISTAF Rules - Beach & Quad                           | Mr. Jolly Junia Laboy<br>International Lecturer<br>ISTAF         |
| 12:00 nn    | LUNCH BREAK  |  |
| 1:30 pm     | Case Problem Set No.8  | Mr. Jolly Junia Laboy<br>Chairman,<br>Technical Committee, PSTAI |
| 1:35 pm     | Games Management: Procedure and Anti-Doping Laws based on ISTAF Rules  | Mr. Jolly Junia Laboy<br>International Lecturer<br>ISTAF         |
| 2:35 pm     | Your Sepaktakraw Club, Inc.: Club SEC Registration   | Pilipinas Sepaktakraw Asso.                                      |
| 3:00 pm     | Overview of Level 1 (Developmental), 2 (Intermediate), 3 (Advance), & Elite/Professional Coaching Approaches | Mr. Jolly Junia Laboy<br>International Lecturer<br>ISTAF         |
| 4:00 PM     | The Court Analysis   | Mr. Jolly Junia Laboy<br>International Lecturer<br>ISTAF         |
| 5:00 pm     | END OF DAY 2   |  |

**Day 3 - SATURDAY, 20 Oct 2018**

| <b>Time</b> | <b>Topic</b>   | <b>Name of Speaker</b>                                   |
|-------------|--|--|
| 9:00 am     | Assignment: Practice of Level 1 (Developmental), 2 (Intermediate), 3 (Advance), & Elite/Professional Coaching Approaches | Mr. Jolly Junia Laboy<br>International Lecturer<br>ISTAF |
| 9:30 am     | 30th SEA Games Manila, PSTAI and The Sepaktakraw Clubs in the Country 2018 until 2019                                    | Mr. Jolly Junia Laboy<br>International Lecturer<br>ISTAF |
| 10:00 am    | TEA BREAK  |  |
| 10:15 am    | Start of Immersion-Application-Implementation in each Participant's Workplace  | Individual Participant<br>conducting the assignment      |
| 12:00 nn    | LUNCH BREAK  |  |
| 1:30 pm     | Continue Immersion-Application-Implementation in each Participant's Workplace  | Individual Participant<br>conducting the assignment      |
| 4.45 pm     | Closing & Awarding of Certificates   | Individual Participant<br>Receiving their Certificates   |
| 5.00 pm     | End of Updating Seminar Sessions   |  |

Certified true and correct:  
JOLLY JUNIA LABOY  
Technical Chairman  
Pilipinas Sepaktakraw Association, Inc.